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THE

ORIGINAL

RED

BRICK

#LivOriginal #LivUniSHaRe

LEGO Serious Play for Health Research

Ruaraidh Hill | Nefyn Williams | Aimee Blackledge

Our session

- Introduction (5)
- Showcase (5)
- LSP Core process (5)
- Warm-up challenges (5)
- Build the challenge & share (15-20)
- Insights/reflect, tidy up (10)

Funny words

- Hand thinking
- Building the challenge
- Story telling
- Listening with your eyes
- Hands on – minds on
- Design thinking

Funny words

thinkering

Lego Serious Play becomes
a helpful methodology to

imagine, discover and design opportunities



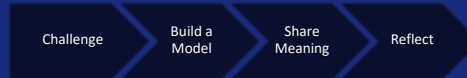


Core process



Overall process

Objective
Rules
Warm-up



Link
Action
plan
Tidy-up

Warm-up – foundation of LSP core process

- Quiz, Q&A, discussion
- Other media – drawing, photovoice, Post-it notes
- Quick challenge builds
- Shared challenge build

each have pros & cons

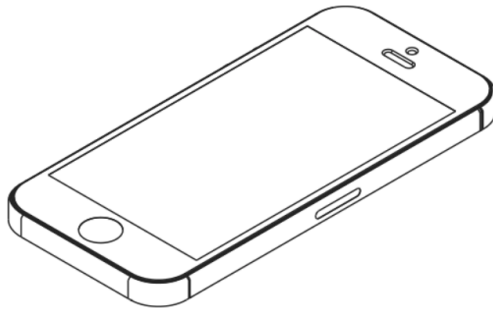
Warm-up

1. Q&A – go to: www.menti.com – enter code **66 96 95**
2. Draw – an activity you enjoy outside
3. Build – tower challenge
4. Build – a LEGO stack



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Go to www.menti.com and use the code 66 96 95



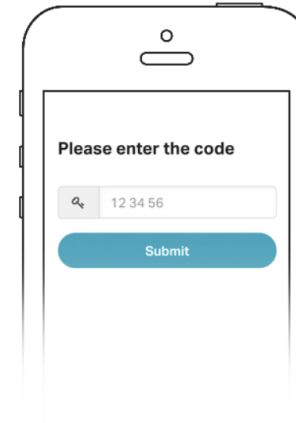
1

Grab your phone

www.menti.com

2

Go to www.menti.com



3

Enter the code 66 96 95 and vote!

[results](#)

How was that...?

pros | cons

Core process showcase

- Knowledge translation
- Project team forming/ planning
- Research development

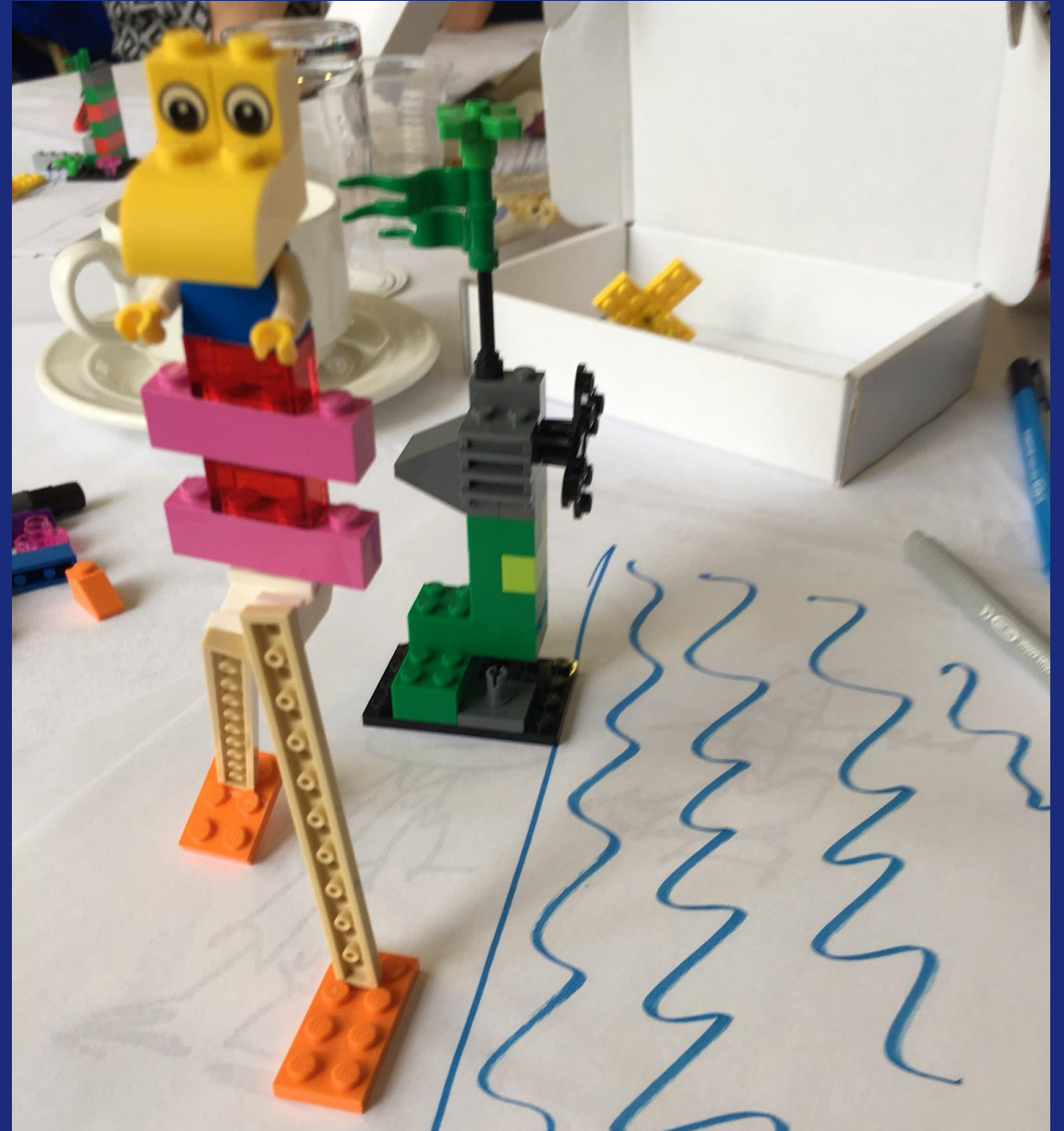


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Knowledge +

NIHR

Collaboration for Leadership
in Applied Health Research
and Care North West Coast

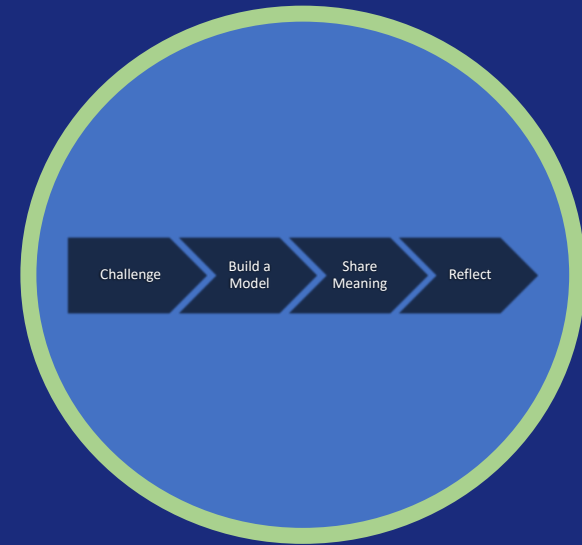
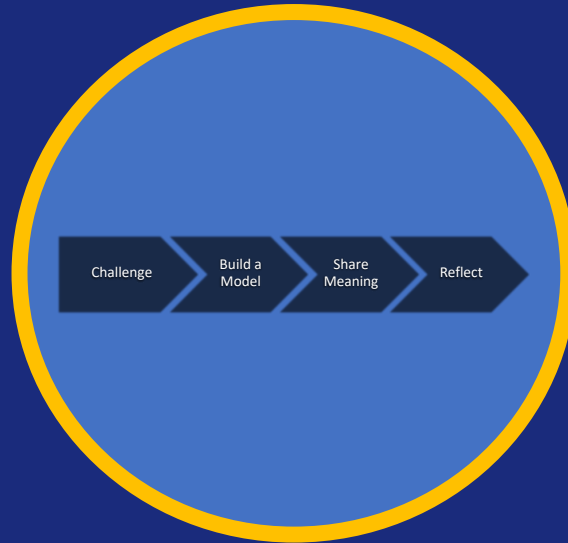
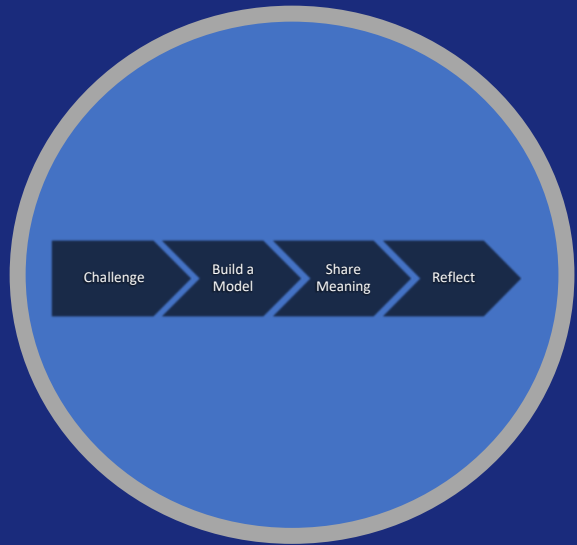




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Build → share

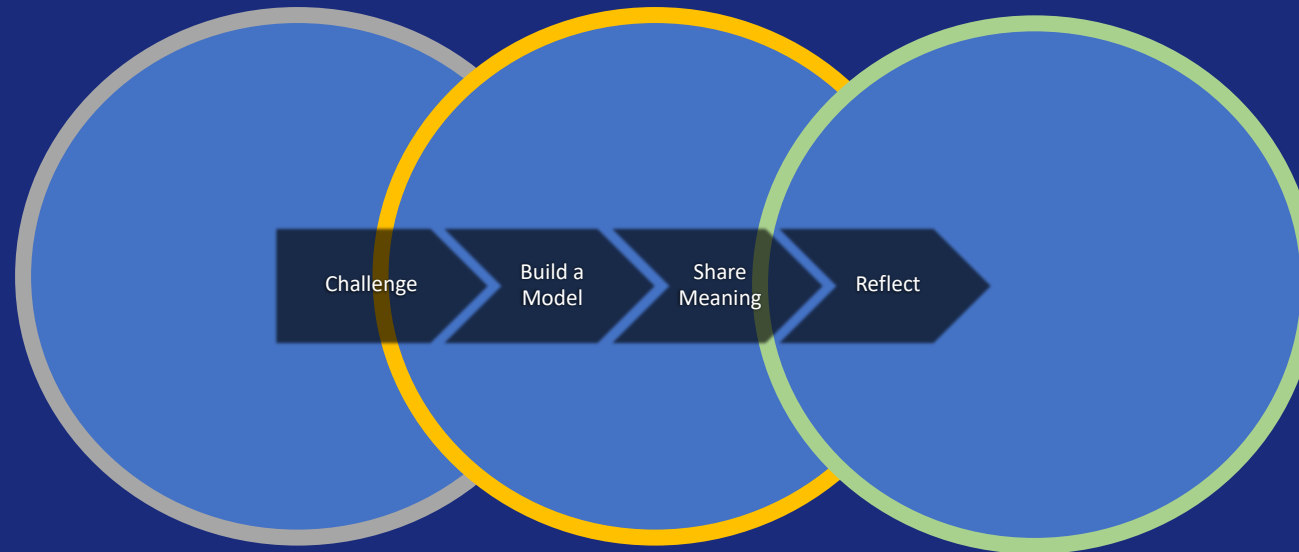




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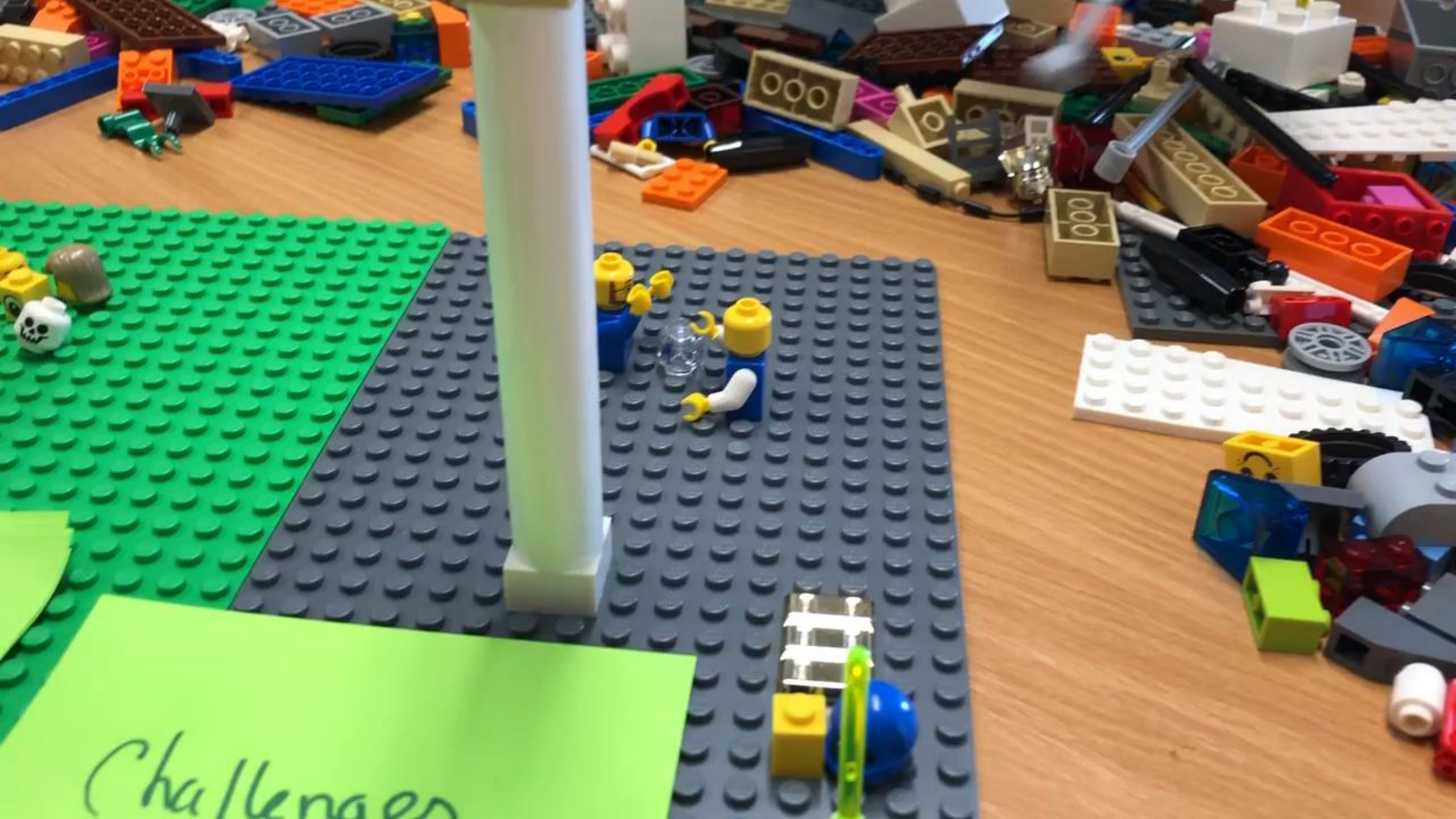


Build → share → ‘collect-ivize’



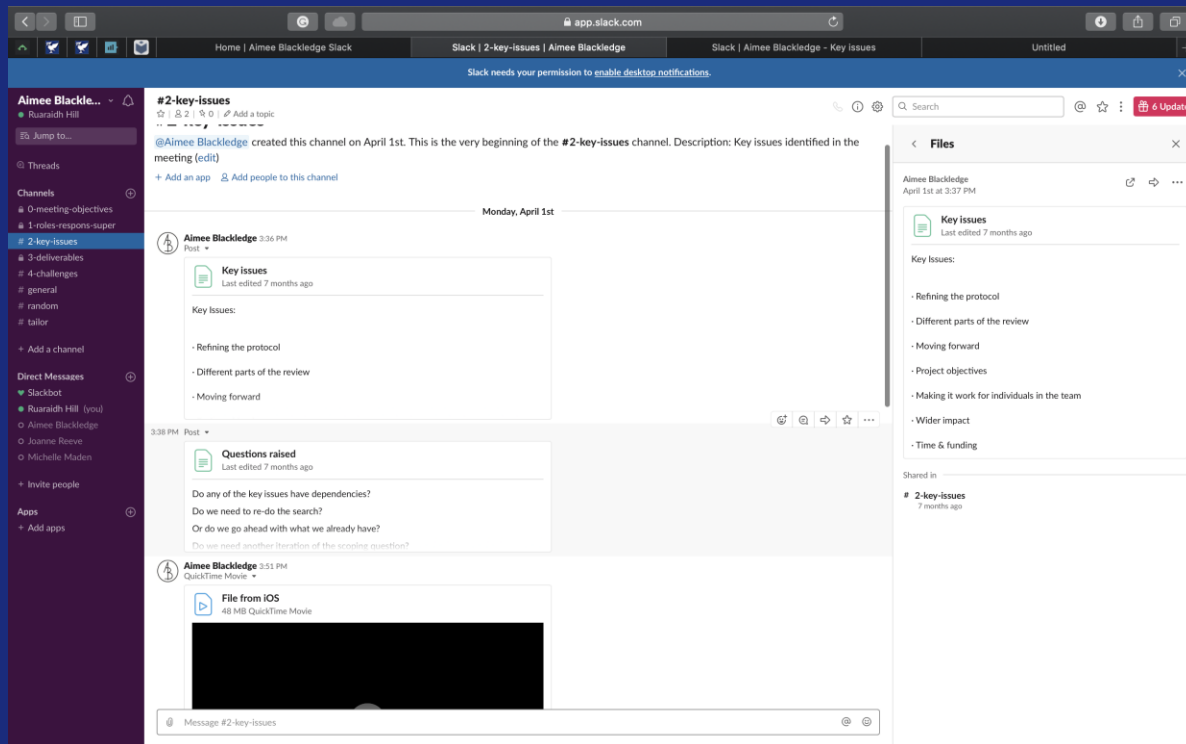
Project team

Tailor
MEDICATION
SYNTHESIS 



Challenges

Record keeping



app.slack.com

Home | Aimee Blackledge Slack | Slack | 2-key-issues | Aimee Blackledge | Slack | Aimee Blackledge - Key issues | Untitled

Slack needs your permission to enable desktop notifications.

Aimee Blackledge | Ruaraidh Hill

#2-key-issues

Jump to... | Threads

Channels

- #0-meeting-objectives
- #1-roles-respons-super
- #2-key-issues
- #3-deliverables
- #4-challenges
- #general
- #random
- #tailor

+ Add a channel

Direct Messages

- Slackbot
- Ruaraidh Hill (you)
- Aimee Blackledge
- Joanne Reeve
- Michelle Maden

+ Invite people

Apps

+ Add apps

#2-key-issues

☆ | 2 | 0 | Add a topic

@Aimee Blackledge created this channel on April 1st. This is the very beginning of the #2-key-issues channel. Description: Key issues identified in the meeting (edit)

+ Add an app | Add people to this channel

Monday, April 1st

Aimee Blackledge 3:36 PM

Post

Key issues

Last edited 7 months ago

Key Issues:

- Refining the protocol
- Different parts of the review
- Moving forward

3:38 PM Post

Questions raised

Last edited 7 months ago

Do any of the key issues have dependencies?

Do we need to re-do the search?

Or do we go ahead with what we already have?

Do we need another iteration of the scoring question?

Aimee Blackledge 3:51 PM

QuickTime Movie

File from iOS

48 MB QuickTime Movie

Message #2-key-issues

Files

Aimee Blackledge

April 1st at 3:37 PM

Key issues

Last edited 7 months ago

Key Issues:

- Refining the protocol
- Different parts of the review
- Moving forward
- Project objectives
- Making it work for individuals in the team
- Wider impact
- Time & funding

Shared in

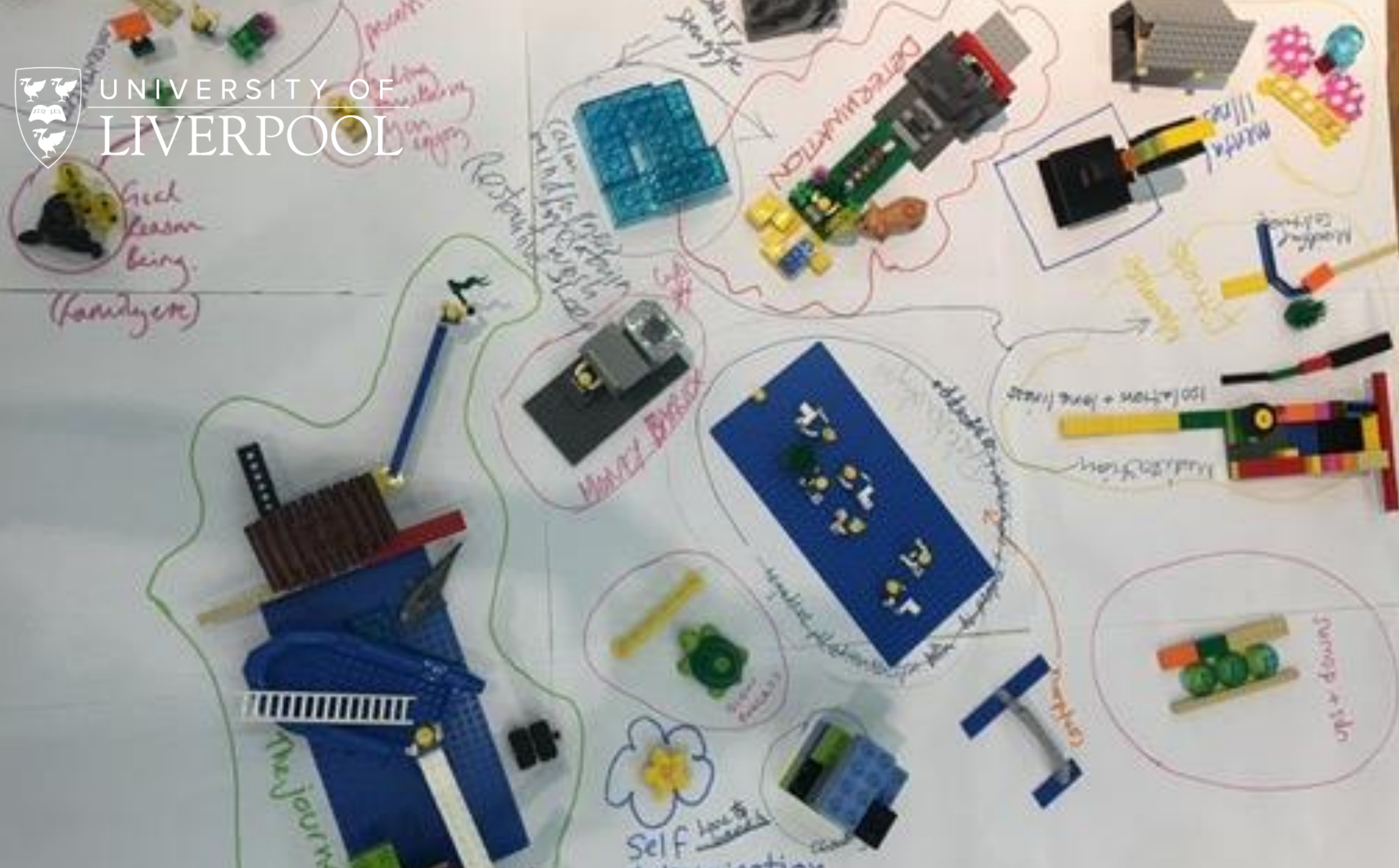
2-key-issues

7 months ago

Research development

‘Function First’ – Be Active, Stay Independent

**The role of primary care in reducing the decline in
physical function and physical activity in people
with long-term conditions**



Our build: 5 ways to wellbeing...

- **Discussion** – what is wellbeing? Share.
- **Build** – a place you like to be. Share.
- **Introduce** – 5 ways to wellbeing. Check understanding.
- **Build** – 1 aspect of the 5 ways of wellbeing. Share.
- **Discuss** – What is wellbeing? How can aspects of wellbeing be supported?

Our build: 5 ways to wellbeing...

- **Build** – a place you like to be. Share.

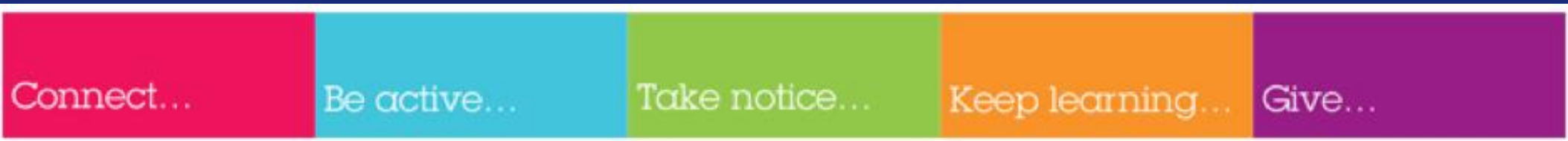


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Our build: 5 ways to wellbeing...

- **Build** – a place you like to be. Share.
- **Look** – which ways to wellbeing are present? Share.



What are you...

thinking?

How was that...

flowing?



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rethinklab.se/lego-serious-play-flow/

Artlin
Calc

ANXIOUS



LSP
FLOW
ZONE



BORED



SKILLS & KNOWLEDGE



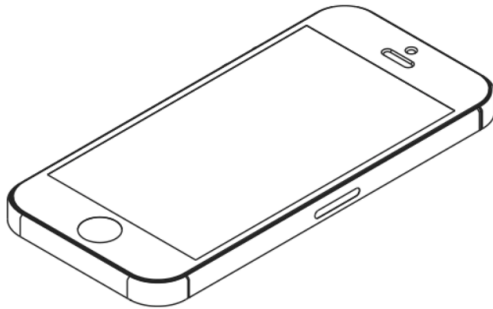
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“everyone can
contribute to the
discussion, the
decisions and the
outcome”

<https://www.lego.com/en-gb/seriousplay/the-method>

Please share reflection or action...

Go to www.menti.com and use the code 66 96 95



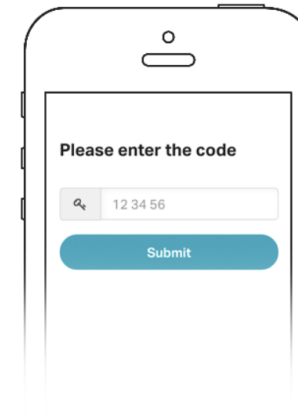
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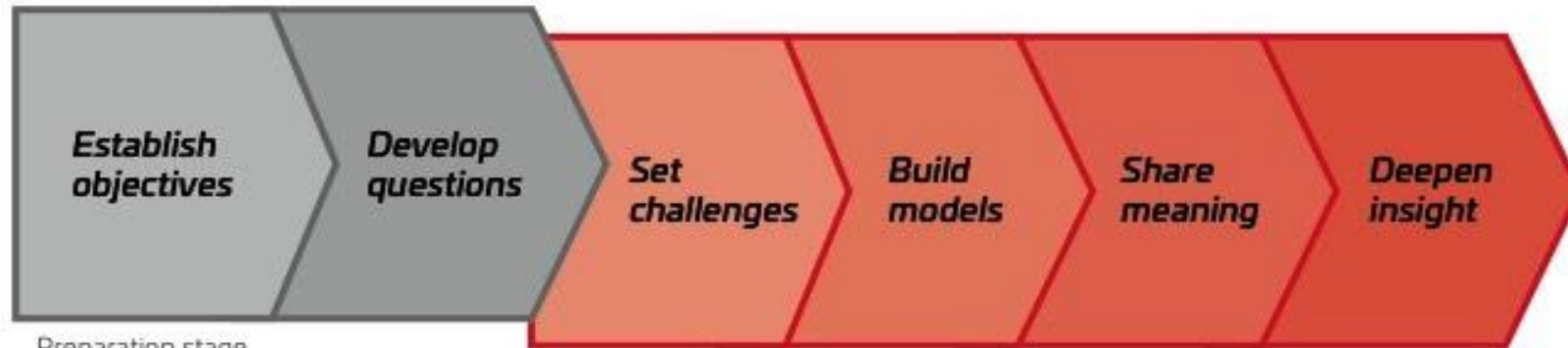


3

Enter the code 66 96 95 and vote!



LEGO® Serious Play® Core Process



Preparation stage

Workshop process design should always be in service of a clear and relevant set of objectives.

Developing the right build questions is key. Even subtle changes in nuance can have a big impact.

The facilitator sets a build question or challenge.

Participants build LEGO models representing their reflections on the building challenge.

Participants share the story of their own models, and collectively the group explore the model and its meaning.

Groups reflect on what they have created, and seek deeper layers of insight.



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<https://www.lego.com/en-gb/seriousplay/>

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DR AIMEE BLACKLEDGE

SERIOUSWORK

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Method and Materials**

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Lecturer in evidence synthesis



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